

**KLE SHRI B.M.K. AYURVED MAHAVIDYALAYA**



**KLE AYURVED HOSPITAL AND MEDICAL RESEARCH CENTRE**



**KLE AYURVED PHARMACY**



# BHAVAPRAKASH BULLETIN

**May 2021  
To  
August 2021**



**SHRI B.M. KANKANAWADI AYURVED MAHAVIDYALAYA**



**Post Graduate Studies & Research Centre**

(Approved by NCISM, New Delhi & M/o AYUSH, GoI)

**A Constituent Unit of**

**KLE Academy of Higher Education & Research,  
(Deemed-to-be-University)**

(Re-Accredited 'A' Grade by NAAC (2<sup>nd</sup> Cycle) II Placed in Category 'A' by MHRD (GoI)

Belagavi – 590 003, Karnataka, India



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## Chief Editor

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**Dr.Sanamika Gupta**, 1<sup>st</sup> year PG scholar, Department of Shalakya Tantra has secured 2<sup>nd</sup> Prize in a National Level Poetry Competition on the topic “**Ecosystem Restoration**” held at S.B.G. Ayurveda Medical College Belagavi.



**Dr.Amulya Murthy**, 2<sup>nd</sup> year PG scholar, Department of Swasthavritta, has secured 1<sup>st</sup> Prize in essay Contest on “**Role of Yoga in COVID-19 Pandemic crisis**” held at BVVS Ayurveda Medical College and Hospital, Bagalkot conducted on 17<sup>th</sup> June 2021.



**Miss Rasika Magdum**, UG student of 2018 batch secured 2<sup>nd</sup> Prize in State level Poster Competition on the topic “**COVID-19 Awareness**” conducted by Unnat Bharat Abhiyan in the month of July 2021.



## Students Achievement

**Dr. Karuna S. Patil**, Final year PG Scholar, Department of Swasthavritta, being a certified trainer of JCI (Junior Chamber International) an international Youth organization has delivered various talks at virtual trainings conducted by different LOMs (Local organisation members) during **COVID-19** Pandemics

- 1) Delivered a talk on **“Importance of Ayurvedic Lifestyle in Immune Boosting”** organised by International organisation, JCI Dharwad Vidyakashi on 24<sup>th</sup> May 2021.
- 2) Delivered a talk on **“Premenstrual Syndrome”** at Prayas: Awareness program on conducted by JCI Gokak on 28<sup>th</sup> May 2021.
- 3) Delivered a talk on **“Pigmentation and pimple care”** By JCI Hyderabad Deccan, Hyderabad on 28<sup>th</sup> May 2021.
- 4) Delivered a talk on **“Premenstrual Syndrome”** at an Awareness program on Menstrual Hygiene organized by JCI Hosur Skill Masters, Tamilnadu on 2<sup>nd</sup> July 2021.



**Dr.Vani Adake**, Final year PG Scholar, Department of Swasthavritta, delivered an awareness talk on **“COVID-19 Preventive Measures”** at Karnataka Public School, Soratur Tq.Gadag on 5<sup>th</sup> June 2021.



## EDITOR'S NOTE:

It's an amazing fact that the amount of news that happens in the world every day always just exactly fits the newspaper. Likewise, Bhavaprakash Bulletin, a quarterly news bulletin which includes the entire achievements of our college staffs, PG students and UG students along with Hospital achievements has now come up within few folios. Indeed it is a pleasure moment to note that the BHAVAPRAKASH BULLETIN of May 2021 to August 2021 issue is being released on 26<sup>th</sup> January 2022 on the eve of National Festival- Republic Day.

Our institution has excelled in both curricular as well as extracurricular activities. The staffs and students have participated in various in-house and out-house events and have given their excellence. I feel proud to express that members of our KLE AYURWORLD are multitalented and show their merit in all aspects.

This issue has come up with many more initiatives for which I would like to congratulate all the members and also wish this BHAVAPRAKASH BULLETIN inspire young minds to come up with their talents and accomplish them.

**DR.SUHAS KUMAR SHETTY** M.D.(AYU),Ph.D.

I thank IQAC for providing the reports of achievements. I also thank all HOD's and unit In-charges for their co-operation and timely submission of their Department activities & Unit events of college, hospital & pharmacy to IQAC. It's a glad moment to keep before you the achievements of KLE AYURWORLD.

**DR. ANJU B. UPPIN** M.D. (AYU)



## Day Celebrations

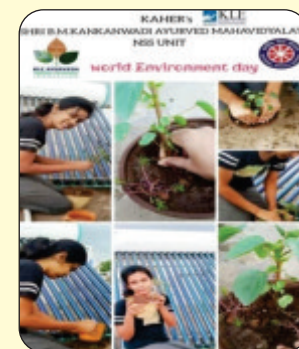
**International Nursing Day:** International Nursing Day was celebrated on 12<sup>th</sup> May 2021 with the Theme “**Nurses: A Voice to Lead- A Vision for Future Healthcare**”. On this occasion, Best Nursing Staff Award was given to Mrs.Chandrakala Patil.



**World Bicycle Day:** Few of our staffs went for Bicycle ride on 3<sup>rd</sup> June 2021 on the eve of World Bicycle Day to create awareness and motivate the public about the health benefits of cycling. This event was co-ordinated by NSS Unit PO Dr. Sanjeev Tonni. Dr. Keertan M.S., Dr. B.B. Desai and Dr. Sumit Kumar took part in this event.



**World Environment Day:** World Environment Day was celebrated on 5<sup>th</sup> June 2021 by plantation of samplings. 3<sup>rd</sup> year BAMS Students participated in Plantation activity at their native places on the eve of World Environment Day. Plantation activity was conducted by NSS Unit PO Dr. Sanjeev Tonni.



## Dissemination of Knowledge

- **Dr .Aziz Arbar** delivered a Guest Lecture on “**Enhancing Immunity in children an Ayurvedic approach**” Organized by SDA College Chandigarh on 2<sup>nd</sup> June 2021.
- **Dr. Ashok Patil** delivered a Guest Lecture on “**Covid preventive measures**” Organized by Karnataka Public School, Soratur Gadag on 5<sup>th</sup> June 2021.
- **Dr. R.S.Hiremath** delivered a Guest Lecture on “**Development of E-Learning portal of RSBK regarding**” Organized by Rastreeya Ayurveda Veedyapeetha in Collaboration with Dept of AYUSH-New Delhi on 8<sup>th</sup> June 2021.
- **Dr. Sanjeev S.Tonni** delivered a Guest Lecture on “**Practical Utility of Ahara Kalpanas on Respiratory Disorders**” at Shri Jagdguru Gavisiddheshwara Ayurvedic Medical College Koppal on 14<sup>th</sup> June 2021.
- **Dr. Sandeep Sagare** delivered a Guest Lecture on “**Astanga yoga and Health**” Organized by BVVSAMC Bagalkot on 19<sup>th</sup> June 2021.
- **Dr. Sandeep Sagare** delivered a Guest Lecture on “**Role of Pranayama in maintenance of Health**” Organized by SVMAMC Bagalkot on 19<sup>th</sup> June 2021.
- **Dr. Aziz Arbar** delivered a Guest Lecture on “**Awareness of Vaccination**” Organized by Shivanand college Kagawad on 20<sup>th</sup> June 2021.
- **Dr. Swarada Uppin** delivered a Guest Lecture on “**Rasayana: Revitalising the Liver**” at Global Ayurveda Conference,LLC Hosted by AAPNA, USA on 19<sup>th</sup> and 20<sup>th</sup> June 2021.
- **Dr. Sanjeev S. Tonni** delivered a Guest Lecture on “**Yoga as Lifestyle & Preventive Medicine**” at Sanjeevini Ayurveda Medical College & Hospital Hubli, Karnataka on 21<sup>st</sup> June 2021.
- **Dr. Suketha** delivered a Guest Lecture on “**Ayurvedic Management of Alcoholic Liver Disease with Ascites-A Case Report**” at Global Ayurveda Conference, LLC hosted by AAPNA, USA on 19<sup>th</sup> and 20<sup>th</sup> June 2021.
- **Dr. Swarada Uppin** delivered a Guest Lecture on “**Post Covid Rehabilitation through Ayurveda**” Organized by SVMAMC Bagalkot on 6<sup>th</sup> July 2021.
- **Dr. Savita B. Padashetti** delivered a Guest Lecture on “**Pratyaksha Pramana**” at Shri Vijay Mahantesh Ayurvedic Medical College, PG Research Centre and RPK Ayurvedic Hospital, Ilkal, Karnataka on 14<sup>th</sup> July 2021
- **Dr. Girija Sanikop** delivered a Guest Lecture on “**Integrated Labour Protocols**” Organized by SDM college of Ayurveda on 16<sup>th</sup> July 2021.
- **Dr. Ramesh S. K.** delivered a Guest Lecture on “**Ayurvedic management of Diaabetic Foot Ulcer**” at Shri Vijay Mahantesh Ayurvedic Medical College,PG Research Centre and RPK Ayurvedic Hospital,Ilkal,Karnataka on 3<sup>rd</sup> August 2021.
- **Dr. Suketha** delivered a Guest Lecture on “**Diet and Life Style in the Management of Type 2 Diabetes**” at Shri Vijay Mahantesh Ayurveda Medical College, PG Research Centre and RPK Ayurvedic Hospital, Ilkal, Karnataka on 20<sup>th</sup> August 2021.



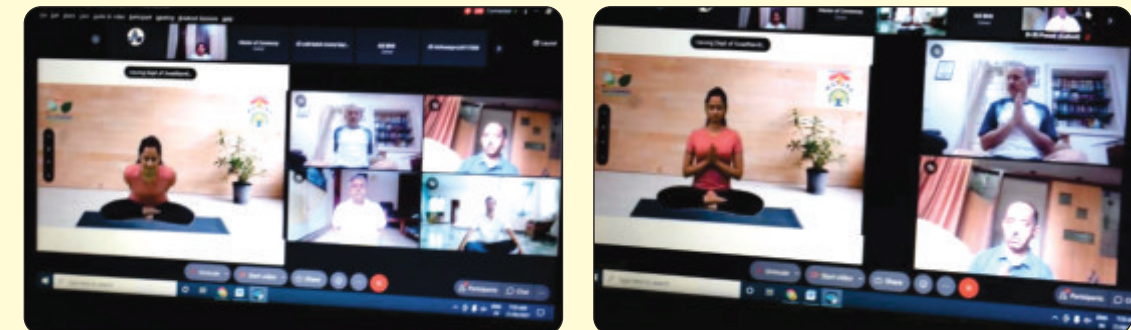
A radio talk on the topic “**Importance of Breast Feeding**” was delivered by **Dr.Rajlaxmi Patil**, Department of Streeroga and Prasooti Tantra on 24<sup>th</sup> August 2021 conducted by KLE VENUDHWANI, Nehru Nagar Belagavi.



A radio talk on the topic “**Eye Donation Importance**” was delivered by **Dr. Arun Biradar**, Professor, Department of Shalakya Tantra on 29<sup>th</sup> August 2021 conducted by KLE VENUDHWANI, Nehru Nagar Belagavi.



**International Day of Yoga:** 7<sup>th</sup> International Day of Yoga was celebrated by the department of Swastavrutta on 21<sup>st</sup> June 2021 to create an awareness of Importance of Yoga among the public. Miss. Navya Prabhu Demonstrated Yoga.



**Doctors' Day celebration:** Doctors' Day was celebrated on 1<sup>st</sup> July 2021. Hon'ble Chief Guest, Vd. Jayant Deopujari, President of NCISM, New Delhi joined the celebration virtually and graced the event. Dr. B. S. Prasad Sir, President of Ayurveda faculty, NCISM also graced the event by his presence virtually. As per the tradition of awarding the Best Physician and Best Surgeon, Dr. Rajashekhar V. Sanapeti (Department of Panchakarma) was awarded as the Best Physician and Dr. Ramesh Killedar (Department of Shalya Tantra) was awarded as the Best Surgeon.



**Bala Raksha Maasa:** “COVID-19 outbreak as public health emergency worldwide” with this background KLE Ayurveda Hospital, Department of Kaumarbrutya came up with Megha health check up for children as prediction of 3<sup>rd</sup> wave is for children which is named as Bala Raksha Maasa. Megha health check up was held from 1<sup>st</sup> July 2021 to 31<sup>st</sup> July 2021.





**Anaemia Mukta Bharat:** An event “Anaemia Mukta Bharat” on the eve of Azadika Amrit Mahotsava (75<sup>th</sup> Independence of India) was conducted by NSS Unit from 3<sup>rd</sup> August 2021 to 5<sup>th</sup> August 2021 with an objective of Prevention & creating Awareness of ANAEMIA among the public, special focus on screening of the cases, treatment and awareness about prevention of anaemia in the population.



**World Breast Feeding Week:** World Breast Feeding Week-2021 was celebrated from 7<sup>th</sup> August 2021 onwards by the Department of Streeroga & Prasooti Tantra, Department of Kaumarabhrutya and NSS Unit in collaboration with Rotary Club of Venugram Belgaum. On this special day, free distribution of dry fruits kit & mosquito net umbrella to the lactating mothers was conducted.



**Independence Day celebration:** On the occasion of 75<sup>th</sup> Independence Day celebration on 15<sup>th</sup> August 2021, all the members of institution gathered and celebrated the Flag hoisting event. On this occasion, Inter disciplinary online meditation course was inaugurated by the dignitaries.



**Rakshabandhan Day celebration:** On the occasion of Rakshabandhan Day celebration on 23<sup>rd</sup> August 2021, Brahmakumaris, staff members and all the PG scholars gathered and celebrated the event by tying Rakhi.



## Vocal Expressions

### RADIO-TALK DELIVERED AT KLE VENUDHWANI, Belagavi

A radio talk on the topic “**Body Donation Importance**” was delivered by **Dr. M. B. Ramannavar** Professor, Department of Rachana Sharir on 18<sup>th</sup> July 2021 conducted by KLE VENUDHWANI, Nehru Nagar Belagavi.



A radio talk on the topic “**Importance of Breast Feeding**” was delivered by **Dr. Shruti Naik**, Department of Streeroga and Prasooti Tantra on 24<sup>th</sup> August 2021 conducted by KLE VENUDHWANI, Nehru Nagar Belagavi.

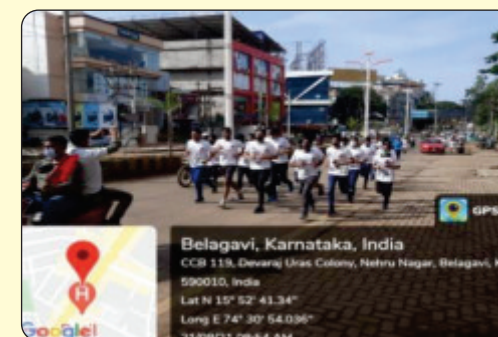




**Neonatal Resuscitation Program:** Neonatal Resuscitation Program was conducted by the department of Kaumarbrutya on 26<sup>th</sup> and 27<sup>th</sup> August 2021 at BVVS Ayurveda Medical College and Hospital, Bagalkot.



**Fit India Freedom - Run :** Fit India Freedom - Run on the eve of Azaadi Ka Amrit Mahotsav was conducted by NSS Cell KAHER in collaboration with Nehru Yuva Kendra & Hindustan Petroleum Corporation Ltd on 21<sup>st</sup> August 2021 to create awareness about health & fitness among the public. Volunteers ran up to 2km from Rani Channamma Circle to JNMC College.



**COVID-19 Vaccination Drive Campaign:** Volunteers participated in COVID-19 Vaccination Drive Campaign at Belagavi organized by Belagavi Taluka Health Office and Vadagavi Primary Health Centre on 31<sup>st</sup> August 2021. Three day's campaign was conducted by NSS Unit PO Dr. Sanjeev Tonni. NSS volunteers took part in the event and more than 2000 people were vaccinated during the campaign.



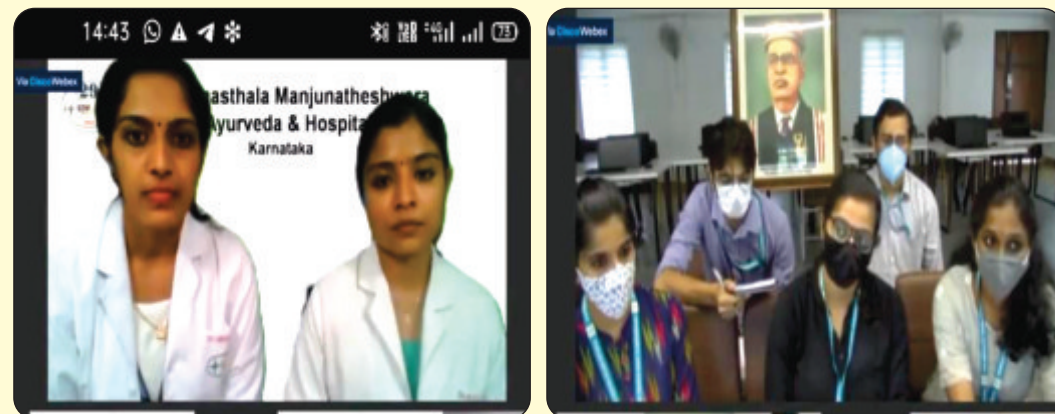
## KLE Innovatives

**SAMVAADA : Intercollegiate, National Level Samvaada Scientific debate on the lines of Charakoktavadamargas for PG Scholars:** To add to the series of educational innovations, Samvaada - Inter-departmental General Seminars on the lines of Charakokta Vadamarga was introduced and conducted by Department of Basic Principles on 26<sup>th</sup> May 2021. Samvaada consists of three Groups i.e Sthapana, Pratisthapana and Vitandvaadi as mentioned in Samhita. PG Participants from SDM College of Hassan initiated first Casual round of Debate involving PanchavayavaVyaakhya and they stated in the assembly as Daivavyapashraya Chikitsa is sresta than Satvavajaya and Yuktivyapshraya. Followed by this, VPSV Ayurveda College debated Satvavajaya and Yuktivyapshraya is sresta than Daivavyapashraya Chikitsa and then Vitandavada of KLE Shri B.M.K. Ayurved Mahavidyalaya PG participants found defects in both group statements of Sthaapna and Pratisthapana.

Staffs of Department of Basic Principles, Dr. Savita B. P., Dr. Prabhakar Hegade, Dr. Sumit Kumar & Dr. Prashant Gaonkar conducted the event under the guidance of Dr. B. S. Prasad .

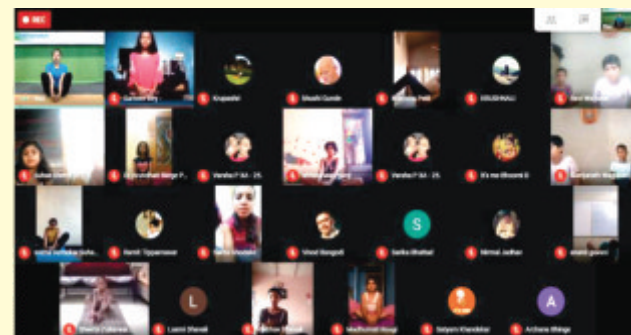






**Online Summer Yoga and Personality Development Camp for Children:** The camp was organized by Department of Swastavrutta from 10<sup>th</sup> May 2021 to 14<sup>th</sup> May 2021 daily live for the children aged between 8 years to 15 years.

This camp was conducted to encourage and create awareness regarding Yoga to the children which benefit them in maintaining healthy life.



## Events

**Memorandum of Understanding:** KLE Ayurved Hospital and Medical Research Centre went into a Memorandum of Understanding with Association of People with Disability on 9<sup>th</sup> July 2021. Dr. S.K. Patil, Medical Superintendent exchange the MOU. The administrative office is situated at Lingraj Puram, Bangalore and Local office at Auto nagar, Belagavi.



**Bone Mineral Density Camp:** Free Bone Mineral Density Check Up camp was conducted on 9<sup>th</sup> July 2021 Organized by the Department of Panchakarma in collaboration With Women Empowerment Cell, Sponsored by ZANDU Pharmaceuticals, Emami Limited.



**Zumba fitness workshop:** The Zumba fitness workshop was inaugurated on 12<sup>th</sup> July 2021. The Zumba fitness event was organised by Women Empowerment Cell Coordinator Dr.Usharani Sanu. All the teaching and non – teaching ladies staff participated in this workshop & had 30 beneficiaries. Dr. P.G. Jadar, Dean Faculty of Ayurved & Dr. S.K. Patil, Medical Superintendent inaugurated the workshop.

